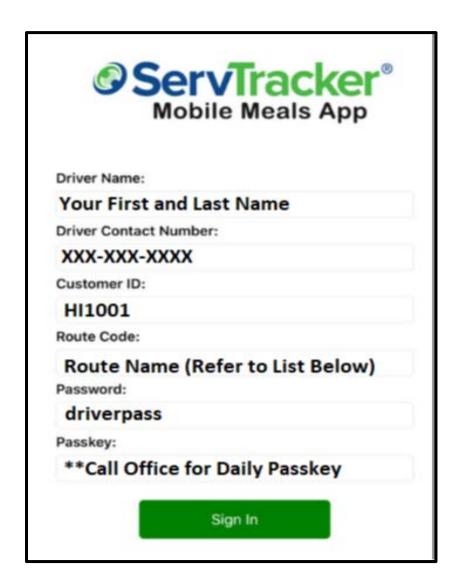
Login Instructions



^{*}Please note that login credentials are **NOT** case sensitive.

Route Code for More Than a Meal App

ACE	MNH	PALI
Mililani	Downtown	Halawa
Mililani Mauka	L Kalihi	Moanalua
Wahiawa	Liliha	Salt Lake
Waipio	Nuuanu	
	Pacific Hts	PCNH
KNUI	U Kalihi	Aiea
Kilauea	Windward	Palisades
Pahoa		PC East
St Louis	OCF	PC Upland
U Palolo	Din Kaimuki	PC West
	Din Town	Waimalu
LEAHI	Din Waikiki	
Diamond Head	Makiki	QMW
Kapahulu	Makua Alii	Ewa
Waikiki 2	Manoa	Ewa Beach
	McCully	Waipahu E
LUNA	Moiliili	Waipahu W
Aina Haina	Waikiki	
HI Kai 1	Woodlawn	STRB
HI Kai 2		Kakaako
Waimanalo	ONE LOVE	Kinau
	E Lake	Punchbowl
	Haiku	
	Kailua	
	Kaneohe E	
	Kaneohe W	
	Waimanalo W	

^{**}Please print and have in vehicle for reference during delivery

WELLNESS ALERT CHEAT SHEET:

**Please print and have in vehicle for reference during delivery

Wellness Indicators and Examples of Corresponding Observations

Health (Physical and Mental)	Personal Safety/Self- Care	Mobility	Nutrition	Home Environment	Social Isolation/ Loneliness	Emergency
 Unusual breathing New bruises Swelling Muscle weakness Fatigue Facial droop Change in skin color Confusion New communication problem Apparent change in mood or behavior 	Personal Safety: Suspected signs of neglect or abuse Self-Care Smells badly Disheveled appearance	New limp Takes longer than usual to answer door Unsteady on feet Less mobile than usual	 Visible weight loss or gain Loss of appetite Concerns about fluid intake Uneaten meals III-fitting or lost dentures New dental problem 	 Home looks unsafe Dirtier and/or more cluttered than usual Difficulty managing home maintenance Heating/ cooling problem Unsafe electrical, carpet or other walking surfaces 	 Reported loss of friend, family or pet Loss or change in support from caregiver, family or social network Change in participation in usual social or religious activities 	Call 911 Call the office *Use of this emergency alert is for tracking purposes only